

Appendix 3

Evaluation Report – Commissioned VCS Projects 2013/14

The Project Needs/gaps addressed	Delivery/outcomes	No. of hours of direct delivery	No. of beneficiaries	Sustainability
<p>BYP Classic Car Restoration - £2,667 - the only project of this kind offered for free in Leicestershire, offering full hands on experience at a practical level. There is a need for young people to have access to a project of this kind to enable access to further training , work experience leading to potential apprenticeships and employment within the engineering disciplines.</p>	<p>It enabled young people to benefit from hands on practical experience of the workshop environment and enhance their opportunities of entering apprenticeships, work experiences and further education The young people gained skills and confidence and their self esteem and aspirations were raised The project also gave the chance for intergenerational interaction between the young people and the instructors and volunteers, due to the nature of the Classic Car theme</p>	<p>80</p>	<p>14</p>	<p>The overall plan for the project is to be able to renovate classic vehicles, sell them and put money back into the project. This is in its early stages.</p>
<p>Fitness For Young People - £800 - is often ignored, with society having an expectation that YP should be naturally 'fit', however, obesity in YP continues to rise. The project aims to highlight and</p>	<p>The project has delivered fun and exciting fitness programmes for YP whereby they can achieve a higher level of fitness and an awareness of the importance that brings with it, including healthy eating awareness</p>	<p>21 hours instruction</p>	<p>18</p>	<p>Other funding options are being sought to enable the programme to continue. The YP who took part enjoyed the fitness routines and are</p>

address the need for YP to understand the importance of fitness, and target those not able to access facilities such as expensive fitness equipment and gym membership	The project has also resulted in a tremendous amount of social benefits, with YP socially interacting and becoming friends as a result. It has also significantly built confidence, and resulted in improved performance and engagement in team and individual events YP participate in at School and Community Clubs			committed to continuing this beyond the project end date
Living with Teenagers – Parents Workshops - £2,812 Responding to evidence that many young people are not succeeding because of emotional and behavioural difficulties, in turn leading to negative choices and lifetime struggles. The 7 week course takes the parents on a journey to become more reflective of their teenage behaviour rather than reactive.	The outcomes from the course have included: Empowered parents to support their teenagers with positive strategies Rebuilt relationships between teenagers and parents Increased aspirations and encouraged young people to make positive choices Increased the wellbeing of the whole family by significantly reducing tension and conflict	45	57	Y U Matter will continue to fundraise to sustain the project and the many contacts gained via this programme to continue to support the parents and the young people they work with.
Hinckley Stroke Club - £2,000 The purpose of the organisation is to support the social and care	Provision of a weekly club offering support, advice, social activities, befriending opportunities, and	140	105	Westfield CDA provided the Club with subsidised transport and food.

<p>needs of stroke sufferers. Contributing towards their well being and ongoing rehabilitation whilst providing respite care one day per week for family carers. Befriending opportunities – allowing service users, families and carers to develop mutual support network.</p>	<p>lunch, providing respite care for stroke sufferers and their families. Access to wheelchair accessible transport to enable more users to utilise the weekly club offer Opportunities for volunteers and students to work with and understand the challenges faced by this sector of the community</p>			<p>Regular fundraising activities are undertaken. Recruitment of more volunteers is a key priority, and provision of this funding stream has met run costs freeing up time to dedicate to recruitment rather than fundraising. They have learnt that working with partners and the broader community is a better way of providing services</p>
<p>Access to Lunch, Leisure and Learning - £2,290 The project has addressed the need for further social activities and friendship for elderly residents increasing their wellbeing by reducing isolation. The project also addressed the need for transportation/ accessible transport due to frailty and disability</p>	<p>Enabled the provision of further social activities: Subsidised 4 half day trips using the community 16 seater mini bus. Subsidised the use of the MPV 7 seater vehicle to transport clients weekly to St Francis Centre. Weekly club with activities and pamper treatments along with 2 tea dances. Supported advertising of the community transport scheme and recruitment of volunteer drive.</p>	<p>100</p>	<p>67</p>	<p>The funding has made it possible to kick start a number of activities that are now self sustaining, with all activities currently continuing. Has provided an impetus to seek further funding which will be required to help subsidise the mini bus and the MPV.</p>

<p>Community House Family Trips - £1,193 The Project has enabled disadvantaged families access activities and visit places that they may not otherwise have been able to experience for financial reasons, lack of transport, etc. It addressed social inclusion bringing people together to develop strong social networks. Most beneficiaries from the priority neighbourhoods of Wykin, Barwell and Earl Shilton</p>	<p>The project provided social activities for families living within this priority neighbourhoods area Worked with the community to identify places of interest to visit, and enabled: 3 coaches and entrance tickets to Twin Lakes for 130 people with short fall sourced from other funding.</p>	<p>Unable to estimate exactly but input included a support worker booking venue, liaising with coach co. collecting subsidised payments, and support of 6 volunteers</p>	<p>130</p>	<p>Demand for trips continues to be high with future trips planned but subject to funding being secured. The aim is for community volunteers to take on the planning, delivery and evaluation of the project s supported by workers</p>
<p>St Mary's Church Lads and Girls Brigade - £2,142 An established Brigade Band which enables positive experiences through music, develops skills, confidence/self esteem and well being of young people who may be financially excluded from such activities</p>	<p>Provision of uniforms, instruments, music software and travel facilities. Enabling the band to take part at Hinckley Carnival, Burbage Carnival Burbage Arts Festival, Regimental Parade, National Band competition. Young people developed musical abilities whilst increasing their self worth and confidence to participate.</p>	<p>30</p>	<p>28</p>	<p>The funding has helped us to grow as an organisation and given impetus and confidence to source further funding</p>
<p>Markfield Mayflower Project – Support for the elderly - £2,800 Provision of co-ordinated support for vulnerable people</p>	<p>Establishment of the Mayflower Social Club and the development of a programme of social activities, and information sessions on priority matters – 15 sessions delivered to</p>	<p>30 to date with a further 32 hours planned to end of July 2014</p>	<p>38 to date</p>	<p>An intention to make the social club a permanent Association led project and currently looking at other funding</p>

<p>over the age of 50 and their carers, to enable improved health, happiness and wellbeing. To support individuals in identifying needs, and sign posting to and supporting individuals to access provision available</p> <p>Provision of social activities to enhance wellbeing, and information sessions on priority matters</p>	<p>date (25 sessions planned in total) Including a weekly armchair fitness session Room hire A trained first aider Promotion and marketing materials</p>			<p>opportunities to continue the project. Due to savings made in utilising volunteers the programme can continue until March 2015 Members have expressed an interest to do their own fund raising to keep the project going</p>
<p>Reminiscent Times - £2,710 Provision of a range of resources including a memory lane shop with old fashioned products and currency. To engage those suffering with dementia/alzheimers with activities using visual sound reminiscent resources to stimulate conversation and memory</p>	<p>The project has enabled Dementia sufferers to increase wellbeing in relation to a number of factors including: Increased mental stimulation Raised confidence to communicate Improved feeling of self esteem Enabled better sleep patterns Increased social interaction and reduced isolation Increased interest/recognition of past hobbies Supported friends and family and the wider community to gain a greater understanding of the needs of sufferers and carers</p>	120	175	<p>This service is now being offered commercially and hoped that the service will become self funded</p>

<p>Wykin Young Parents Group - £528</p> <p>The Wykin Estate and surrounding area experiences high deprivation in relation to income, health, education, skills training and employment. Access to some of the services available to address these needs are unsuitable or difficult for this client groups. This project aims to engage with young parents to develop new skills in a supportive and fun environment whilst offering childcare provision</p>	<p>Young parents received lifeskills in nutrition and basic healthy meal preparation</p> <p>Delivery of a food hygiene course and revision materials</p> <p>Back to basics cookery course</p> <p>Level 1 and Level 3 qualifications achieved</p> <p>2 creche workers</p> <p>p/t funded a 6 week instructor led swimming sessions at Hinckley Leisure Centre</p> <p>Young parents gained confidence in Recognising their skills and abilities, leading to improved self esteem</p>	<p>23</p>	<p>19</p>	<p>The project will continue consultation is taking place with the group to agree on priorities. Additional funding may be required. Some of the now qualified parents volunteer at the Community House, Sure Start Centre and Youth Services and are able to offer support in preparing, cooking and serving food at community events</p>
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